

Frequently Asked Questions

Why did we start Mission to Kindness? (short version)

It was a combination of two things, well... maybe three things. 1. We had just started a unit on Bucket Filling, which the kids know is a metaphor for showing kindness and empathy. (I teach counseling/character classes for the Lyle and Oakdale students.)

2. In the middle of one of these teaching days, I learned that my dear friend and mentor, Debbie Evans, had passed away. (She had previously been a counselor for elementary students here in Dallas for many years.)

3. The students showed such a *tremendous* amount of empathy that day and the two weeks that followed. They *all* taught me a huge lesson: "Sometimes we take children for granted. They are not just little kids, but they are amazing young people with the most gigantic hearts!"

-Side note- if you have a child in one of these schools, you should be extremely proud of them.

What does "Filling Buckets" mean?

There are several children's books that use this as a kindness metaphor. Soon, I will be posting some links to these books on the website.

Do you have some kindness ideas?

Yes, there is a list of about 200 ideas on our website.

Is there a way I can learn more about this?

Yes, our official website is missiontokindness.com

What can I do to help?

1. Spread as much kindness as possible.
2. The more creative you get, the more fun it becomes.
3. We are in need of several volunteers. There are some ideas on the back, or you could leave a comment on the website.

Interested in Volunteering?

Much help is needed

- Cutting Kindness Cards
- Laminating
- Printing
- Donations
- Leading a Kindness Club
- Help to Promote
 - Facebook, Twitter, etc.
 - Flyers
 - Newspapers
 - Signs
 - Bill Boards
 - Word of mouth
 - Television/News
 - Etc...

There are MANY ways to volunteer.

Interested in **Volunteering**:

Please Contact **Trina** or **Steve Martinelli** at: 503-623-5732



Check us out at: missiontokindness.com

Please **JOIN OUR**

MISSION TO KINDNESS

Filling Buckets

one drop at a time.



In loving Memory of
Debbie Evans

April 5, 1951 - February 24, 2014

*She was an Amazing Woman and
a constant Bucket Filler.*

Whoever is happy will make
others happy too.

-Anne Frank

Thanks to the
students at
Lyle and
Oakdale...
You are a
TRUE

**“We ourselves feel that
what we are doing is just a
drop in the ocean. But the
ocean would be less because
of that missing drop.”**

-Mother Teresa

Think about our Dallas Community:

Have you recently seen an angry driver? **Have you heard a customer yelling at the store manager?** Have you seen cruel behaviors or bullying occur in your neighborhood? **Have you seen shoppers scream at their children?** Have you recently been to the park and seen someone vandalizing? **Have you been with some friends to have fun, but most of the conversation is spent complaining or gossiping about others?**

Do you ever worry about the future for our children these days?

Do you ever just sit back and wish the WHOLE WORLD was just a little bit kinder?

Well,
You CAN make a difference! I have already seen such a positive difference in the hundreds of children in my classes. The kindness they have been spreading is priceless.

Here's your chance to do something about it.

Our mission
is simple...

to show **one**

Act of

Kindness

each and
every day.